



EDUCATION & LICENSURE

Massachusetts General Hospital

Annual Conference in Psychopharmacology

- Emphasis on mood disorders, postpartum depression, and anxiety

Boston, MA
2002-Present

Georgetown University Medical Center

Internship and Residency in Psychiatry

Washington, DC
1999-2003

George Washington University Medical School

Medical Doctor

Washington, DC
1999

Barnard College, Columbia University

Bachelor of Arts

Double Major: Russian Studies, French Translation & Literature

New York, NY
1993

Washington DC: MD32471

MEDICAL & HEALTH EXPERIENCE

Private Practice

Attending

2003-Present

- Clinician in adult psychiatry specializing in mood and eating disorders
- Cover private practices for colleagues throughout the DC area
- Work with over 50 therapists in the area providing medication management
- Provide cognitive behavioral, insight-oriented, psychodynamic and supportive therapy
- Provide second opinions for medication management of mood disorders, depression and anxiety for colleagues in DC, Maryland, Virginia, Pennsylvania, Georgia, New York
- Close collaboration with the following institutions: Mayo Clinic, Hazelden System, Renfrew Centers, Remuda Ranch Hospital, Laureate Psychiatric Clinic & Hospital, Johns Hopkins Hospital, Georgetown University Hospital, Shephard Pratt Health System
- Monthly consultation group with DC-area colleagues with different specialties
- Disaster-preparedness consultant to Embassy of France

Georgetown University Medical Center

Clinical Instructor

Washington, DC
2002-Present

- “Introduction to the Patient” for first-year medical students
- Monthly teaching of third-year medical students in mood disorders
- Monthly teaching of third-year psychiatric residents mood disorders
- Psychotherapy supervision of residents

Baltimore-Washington Institute for Psychoanalysis Washington, DC
Fellow 2002-2003

- Training in psychoanalysis

Georgetown University Medical Center Washington, DC
Chief Resident 2002-2003

- Direct supervision of second-year residents, acting intern and medical students
- Taught and organized introductory course for the second-year residents
- Taught weekly course for the third-year medical students
- Organized, planned, and supervised all activities on the inpatient psychiatric unit
- Liaised with all private attendings requesting hospital admission for their patients
- Liaison between residents, nurses, administrators, counselors and social workers

Georgetown University Medical Center Washington, DC
Resident & Intern 1999-2003

- Outstanding Resident Teacher Award
- Training in the Women's Mood Disorders Clinic under Wendy Hookman, MD
- Training in the Mood and Anxiety Disorders Clinic under Steven Green, MD
- Training in the Eating Disorders Clinic under Adrian Brown, MD
- Training in the Resident Clinic under Shelby Cook, PhD
- Internship in Internal Medicine

Washington Psychiatric Society
Delegate 2001-2002

- Member-in-training representative for Georgetown University Medical Center

Veterans Administration Medical Center Washington, DC
Moonlighter 2001-2003

- Provided on-call care

Center for Multicultural Health Services McLean, VA
Acting Internship 1999-2000

- Saw patients, mostly refugees, who were victims of terrorism and war crimes

Medical Office of Dr. Murray Treiser, Plastic Surgeon Princeton, NJ
Student Intern 1995-1999

- Assisted with inpatient and outpatient consultations and operations

Center for Health Policy Research, George Washington University Washington, DC
Research Assistant 1993-1995

- Worked under Sara Rosenbaum, Chief Advisor to Health Care Reform Task Force at the White House
- Researched health care in all 50 states as well as Canada, Mexico and Europe
- Drafted speeches and legislation
- Contributed to proposed domestic policy and reform

Rape Crisis Center, Columbia University New York, NY
Counselor to Sexual Assault Victims 1990-1993

- Co-founded program to assist needs of sexual assault victims

RESEARCH

George Washington University

Research Assistant

Washington, DC
1999-2002

- Collaborated with Dr. Eric Shiraev to examine PTSD among refugees

Center for Behavioral Health

Sub-Investigator

Rockville, MD
2000-2001

- Clinical trial of Abilify and Q-T intervals at Georgetown University Hospital with Dr. Robert Littman

George Washington University

Research Assistant

Washington, DC
1999-2000

- Collaborative profiling with Dr. Jerrold Post, Professor of Psychiatry, Political Psychology and International Affairs
- Completed profiles on Osama Bin Laden, Slobodan Milosevic, Saddam Hussein

HONORS & AWARDS

Top 10 Doctor: Top 10 Washington DC Psychiatric Specialist, Vitals	2014
SuperDoctors	2011-2014
Top Doctor, Consumer Research Council of America	2008-2014
Patient's Choice Award	2008-2014
Distinguished Fellow, American Psychiatric Association	2013
Most Compassionate Doctor, Vitals	2013
Fellow, American Psychiatric Association	2010
Top Doctor, Washingtonian Magazine	2010
Outstanding Resident Teacher Award	2003

MEDICAL & PROFESSIONAL ORGANIZATIONS

American Psychiatric Association	1994-Present
Washington Psychiatric Society	1999-Present
International Society of Political Psychology	1999-Present
American Medical Association	1999-Present
American Board of Psychiatry and Neurology	2004-Present
Georgetown University Medical Alumni	2004-Present
National Alliance on Mental Illness	2004-Present
American Association for Technology in Psychiatry	2008-Present
Bipolar Professional Network	2009-Present
Brain & Behavioral Research Foundation	2009-Present
Department of Health and Human Services	2009-Present
Federal Government Contractor Network (TFCN)	2009-Present
Georgetown University Healthcare Professionals	2009-Present
International Behavioral Neuroscience Society	2009-Present
Neuroscience Drug Development Physicians	2009-Present
American Informatics Medical Association	2009-Present
Transcranial Magnetic Stimulation Network	2009-Present

American Psychiatric Association: ECPs and MITs	2010-Present
Make IT Green	2009-Present
lyLife	2009-Present
Georgetown Club of Metropolitan Washington	2004-Present
Columbia University Alumni Association	1994-Present

POLITICAL AND INTERNATIONAL EXPERIENCE

Office of US Representative Dan Glickman (D) Wichita, Kansas Washington, DC
Intern 1989

- Maintained direct correspondence with constituents requiring research

Congressional Arts Caucus Washington, DC
Intern 1988

- Organized annual arts competition and conducted research on cultural legislative bills

Democratic National Convention Atlanta, GA
Page 1988

- Researched & developed Michael Dukakis' political platform

Harriman Institute, Columbia University New York, NY
Intern 1991-1992

- Analyzed political & social trends requiring knowledge of Russian culture and language
- Operated a Soviet Elites database tracing activities of Russian Émigrés since 1917

Bryn Mawr College Graduate Program Avignon, France
Student 1992

- Researched political and fiscal development of the French Government
- Conducted formal translation of Nineteenth Century French Literature

Columbia University Russian House New York, NY
Student 1990-1993

- Resident in immersion program

Middlebury College Russian House Middlebury, VT
Student 1991

- Achieved fluency in Russian through immersion program

LOCAL COMMUNITY INVOLVEMENT

Washington Hebrew Congregation
Board Member, Carrie Simon House 2014
Host Committee Member 2009-Present

Washington Capital Cotillion 2011-Present
Board Member

Hebrew Home of Greater Washington, Charles E. Smith Life Communities

Governor, Board of Governors

2011-2013

Fair Chance

Butterfly Ball Fundraiser Host Committee Member

2009-2013

Delta Gamma, Columbia University, Zeta Theta Chapter
Member

1999-Present

LANGUAGES

Fluency in Russian & French

Proficiency in Hebrew, German & Spanish